

Joanna's Granola

Serves: 6-8

Procedure

Mix flaxseed meal with a touch of water to moisten.

In a large mixing bowl, combine oats, quinoa, flaxseed meal, sliced almonds, pumpkin seeds, chopped pecans and cinnamon.

Separately, mix the coconut oil, honey, maple syrup and vanilla extract. Pour over the oat mixture and toss to coat. Sprinkle salt and continue to toss gently.

Spread mixture evenly onto sheet tray lined with parchment. Bake at 300°F for 10 min, stir and back another 10 min. Stir on more time and continue to bake another 5 min of until golden brown.

Once out of the oven, toss in dried cranberries, dried blueberries and coconut flakes.

Store in airtight container for up to 1 month

Ingredients

- ½ cup dried cranberries
- ½ cup dried blueberries
- ½ cup coconut flakes
- 3 cups old fashioned, rolled oats
- 1/8 cup quinoa
- 3 tbsp Flaxseed meal
- ½ cup sliced almonds
- ½ cup pumpkin seeds
- ½ cup chopped pecans
- ½ tsp cinnamon
- ½ tsp salt
- 1 tsp vanilla extract
- 2 tbsp coconut oil
- ½ cup honey
- ½ cup maple syrup